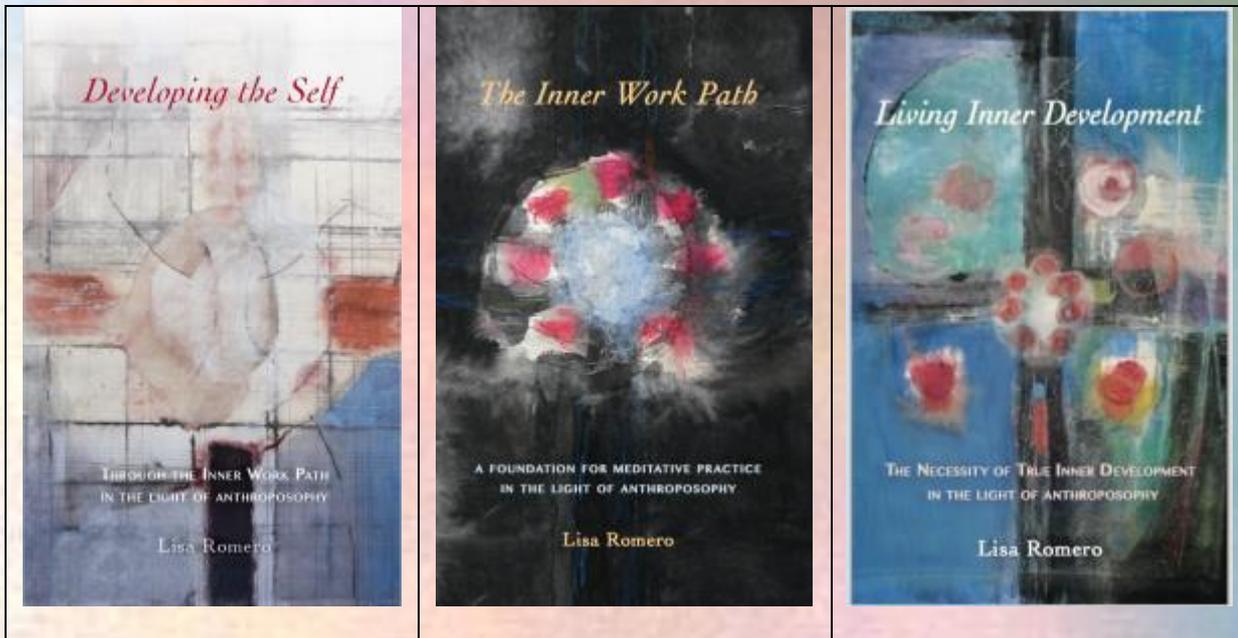


Lisa Romero



Lisa Romero is an author of inner development books, a complementary health practitioner and an adult educator who has been offering healthcare and education enriched with anthroposophy since 1993. From 2006 the primary focus of her work has been on teaching inner development and anthroposophical meditation. Lisa offers lectures, courses and retreats for personal and professional development, in communities and schools worldwide. She has written several books: *'The Inner Work Path'* focusing on meditation practice, *'Developing the Self'* written after years of working with Waldorf teachers to support their inner work and pedagogical understanding of child development, *'Living Inner Development'* offering an understanding of the inner experiences and results of various inner development exercises, and *'Sex Education and The Spirit'* to help awaken an understanding of our communal responsibility for the healthy development of gender and sexuality within society. Her latest book *'Spirit led community; healing the impact of technology'* has recently been published.

For several years Lisa was the lecturer of Health & Nutrition and Male/Female studies at Sydney Rudolf Steiner College, where she continues to give lectures to the tutors on inner development. Since 1999 she has been presenting on the subject of gender, sexuality and spiritual life. She has been working with Steiner/Waldorf schools as a part of their health and wellbeing curriculum, working directly with the students, teachers and parents on this theme. Lisa has contributed to and is an adviser on the Health and Personal Development for the Australian Steiner Curriculum Framework. She has developed training courses, and facilitates professional development on this subject for teachers and health professionals.

Lisa is a contributor, tutor and director of [Inner Work Path](#), [EduCareDo](#), *Developing the Self* *Developing the World* and the *Y Project*. [EduCareDo](#) is an organisation delivering a distance education course of self-awakening study in the foundations of anthroposophy. [Inner Work Path](#) offers courses, retreats and lectures on inner development exercises and meditation.

Lisa's capacity to deliver esoteric wisdom with insight and understanding allows her to meet the diverse needs of a range of communities and professions. Essentially, her work springs from the inner work, meditation and exercises, together with a dedication to the path of unfolding consciousness.